Winter & Spring 2015
Catalog of Courses

Visit our website at
www.clearviewregional.edu/administration/adult_education

Register early online at www.Payforit.net, by mail or
In-person on Wednesday, January 7 & 14
4-7 pm
Clearview Regional Middle School

Don’t delay…. Classes fill up quickly!
**How to Register**

Online @ [www.clearviewregional.edu/administration/adult_education](http://www.clearviewregional.edu/administration/adult_education) and click on “PayforIt.net” (Visa, Mastercard and Debit cards accepted; a small fee will be applied)

By Mail using the Registration Form on the back inside cover and mail to:

Clearview Regional Community School  
595 Jefferson Road  
Mullica Hill, New Jersey 08062

In Person at the Clearview Regional Middle School between the hours of 4:00 – 7:00 pm on the following evening:

**Wednesday – January 7 & 14**  
(cash, checks & money orders accepted)

**Early registration is strongly encouraged.** Registration will be accepted until a course is full. Courses are cancelled when there is insufficient enrollment to run the course. **Cancelled classes will be determined 10 days prior to the scheduled start date... so please register prior to 10 days before class begins!** If you live outside of Harrison or Mantua Townships, please add $3 per course.

**Your registration will not be confirmed.**

Refunds are only issued when requested prior to the first night of class. The $5 registration fee is non-refundable. Supply/book fees can only be refunded seven days or more prior to the start of class. There will be $25 surcharge for any check that is returned unpaid.

**Emergency Closing**

In the event of an emergency, the school closing number is 802. Closings will be recorded at (856) 223-2748 and on the website at [www.clearviewregional.edu/administration/adult_education](http://www.clearviewregional.edu/administration/adult_education)

Cancelled classes are made up by extending the course by a week.

**Age Requirement**

Participants must be 16+ years of age, unless specified otherwise.

**Email**

Email will be the primary method of communication when provided.

**Contact Us**

The CRCS is staffed on a part time basis. If you need to visit the office, please call in advance to make an appointment. If you need to contact us, you can do so by email at philippiva@clearviewregional.edu or by phone at (856) 223-2748. If no one is available, please leave a message and your call will be returned.

Smoking is strictly prohibited on school grounds.
ADOBE PHOTOSHOP  
Course #W25
8 Classes: $95  Wednesdays  •  Feb 4 – Mar 25  •  6:30-8:30 pm
Laura Contarino, Instructor  Middle School Room 418
Learn to enhance your digital photos using Adobe Photoshop. Starting with the basics and working up to advance techniques, customize our own personalized digital photos. Techniques learned will be how to combine photographs, add text and watermarks, change or match backgrounds, add shadows. Computer experience is required. Student should have access to Adobe Photoshop to practice.

BASIC COMPUTERS  
Course #M1
8 Classes: $95  Mondays  •  Mar 2 – Apr 27  •  6:30-8:30 pm
Amy Berth, Instructor  Middle School Room 418
This course will take you through the fundamentals of your personal computer. Learn word processing, e-mail and how to use the Internet. Class conducted in the middle school computer lab using Dell desktop computers. Note: information learned is not compatible with Apple/Macintosh computers. Students must have a computer for practicing outside of class; assignments will be given. Prior experience not required. No class Apr 6

MAC  Everything about your Apple Computer  
Course #TH39
6 Sessions: $78  Thursdays  •  Feb 5 – Mar 12  •  6:00-8:00 pm
Nancy Kowalchik, Instructor  Middle School Room 303A
Starting with the anatomy of your Mac, we will learn everything about your Apple Computer including PC to Mac basics, Safari, iCloud, Mac App Store, OSX Mavericks, iCal and much more. Bring your Mac laptop to each class.

MICROSOFT POWERPOINT 2013  
Course #T15
3 Classes: $42  Tuesdays  •  Apr 14 - Apr 28  •  7:00–9:00 pm
Debbie Kaighn, Instructor  Middle School Room 418
PowerPoint is the most widely used software for making presentations today. Incorporate text, charts, graphics and animation to create an impressive slide-show presentation and then turn it into a professional handout.
MICROSOFT EXCEL 2013 Beginner Course #TH40
3 Classes: $54     Thursdays • Mar 5 – Mar 19 • 6:30-8:30 pm
Amy Berth, Instructor     Middle School Room 303A
Learn how to start Excel; create, open, close & save a file; enter & modify data; insert & delete data, enter headings using auto fill, format worksheet using bold, italic, underline, background fill color, center, left justify, right justify & borders; change row/column height & width; copy format, copy & paste data; cut & paste data, automatically sum a column; page layout; print preview & print a document; undo & redo feature; zooming in or out of a worksheet; date & number formatting, add & remove a worksheet; quick sort. *Must have basic computer knowledge & typing ability.

MICROSOFT EXCEL 2013 Intermediate Course #TH41
3 Classes: $54     Thursdays • Mar 26 – Apr 16 • 6:30-8:30 pm
Amy Berth, Instructor     Middle School Room 303A
Learn formulas (Absolute/Relative Values), Formulas across multiple worksheets, Functions (Average, Minimum & Maximum), Display all Formulas; Layered Sorting, Filtering; print headings on multiple pages, add page breaks, add headers & footers; print Gridlines; add & remove a worksheet; Find & Replace text; date & number formatting; Freeze pane; change row/column height & width; Conditional Formatting (Format Top/Bottom 10 Items, Format Top/Bottom 10%, Format Text that’s Above/Below Average, Format Text that’s Greater Then, Less than or Equal To); Insert Picture, Clipart, Shapes, Symbols & Signature Line; Automatic Sub Totals; Auto Create a Chart/Graph; Mail Merge (using list of names in Excel & a letter in Word)*Must have basic computer knowledge & typing ability. No class Apr 2

MICROSOFT WORD 2013 Course #M2
5 Classes: $66     Mondays & Wednesdays • May 4 - May 18 • 7:00-8:30 pm
Debbie Kaighn, Instructor     Middle School Room 303B
Edit and print documents and envelopes. Also learn how to edit text through the use of the menu, tool and formatting tool bars. Learn how to insert and delete, as well as copying and pasting text. Learn the text art feature, address envelopes, create labels, change fonts, insert bullets, bold and italicize text. *Must have basic computer knowledge & typing ability.
AROMATHERAPY  
Course #M3
2 Classes: $34  
Mondays • Apr 27 – May 4 • 7:00-9:00 pm
Kathleen Brown, Instructor  
Middle School Room 107

This is often referred to as “The Missing Link in Modern Medicine.” The use of plant extracts and essential oils have been used since the beginning of time to medicinally kill bacteria, mold and viruses, repel insects and stimulate tissue and nerve regeneration. They also provide fragrances to balance mood, uplift spirits, and dispel negative emotions. We will learn what they are and how to use them for various conditions.

BOATING SAFETY  
Course #TH42
2 Classes: $76  
Thursdays • Mar 12 – Mar 19 • 6:00 - 10:00 pm
USCG Auxiliary – Flotilla 13-5 Instructors  
Middle School Room 109

This Course, which meets the NJ requirement for boat operation, will cover boating, laws, safety equipment, safe handling, navigation, problems; trailer/store & protect your boat; hunting/fishing, water-skiing; river boating and NJ State Specific Laws & Regulations. At completion, certification will be issued by the State of NJ. This course is required to operate all power vessels on NJ waters. State/Federal ID required. Youth ages 12+ and adults.

CPR/FIRST AID/AED  
Course #TH43
2 Classes: $95  
Thursdays • Feb 5 – Feb 12 • 6:00-9:00 pm
Certified Instructor  
Middle School Library

Designed for the layperson that has a desire in learning First Aid, CPR, care for choking and the AED. The course also contains very basic anatomy and physiology, as well as, tips for heart disease prevention and heart attack recognition, care for bleeding, bandaging, burn care, broken bones and common medical emergencies. Textbook and training materials included. Wear comfortable clothing. Attendance is mandatory at all classes for certification.

ORGANIZATION  
Course #M4
1 Classes: $28  
Monday • Apr 13 • 7:00-9:00 pm
Kathleen Brown, Instructor  
Middle School Room 107

You know you’ve been meaning to do it. But it seems so overwhelming. Well, not anymore. Come out and learn some tips and tricks so you can get it done. It’s time for some spring cleaning.
PSYCHIC DEVELOPMENT II
Course #TH44
10 Classes: $94
Thursdays • Feb 5 – Apr 16 • 7:00-9:00 pm
Tracy Farquhar, Instructor
Middle School Room 109
In this course students will gain a greater understanding of how to recognize, trust and develop their intuition through guided meditations and work with various psychic tools. Areas covered will be: psychometry, reading photographs, pendulums, oracle cards, mediumship, and more. We will also discuss other metaphysical topics such as dreamwork, auras, past lives, spirit guides, and energy healing. Each class will begin with a guided meditation and will include practice with one or more modalities as well as discussions on various topics. To learn more, visit www.SpiritLightServices.com. Psychic Development I (previous session) is not a pre-requisite. No class Apr 2

SPANISH Beginner
Course #T16
6 Classes: $94
Tuesdays • Feb 17 – Mar 24 • 7:00-9:00 pm
Diane L. Iriarte, Instructor
Middle School Room 408
Hola! Are you finally motivated to take 'Beginner Spanish’ but not sure how to begin? Would you like to learn Spanish in a fun and relaxed atmosphere without the pressure of a test? Meet adults like yourself interested in learning the ABC’s of Spanish. Learn the basics one-on-one guiding you through and understanding the alphabet, numerals, greetings & culture. Book/CD included.

SPANISH II
Course #T17
4 Classes: $56
Tuesdays • Apr 7 – Apr 28 • 7:00-9:00 pm
Diane L. Iriarte, Instructor
Middle School Room 408
Are YOU excited to finally practice conversational Spanish in a comfortable, informal setting? Do YOU want to practice the Spanish you’ve just learned? Are YOU ready to speak the Spanish language basics with confidence? Take this mini-four week level II course which will encourage you to take Spanish by the reigns and actually speak aloud in a trusting environment. Focus will be on speech, pronunciation and accent, forming complete sentences while exchanging brief dialogue. Book/CD included.

SPIRITUAL GROWTH: Exodus
Course #T18
10 Classes: $32
Tuesdays • Feb 3 – Apr 14 • 6:45-8:00 pm
Jay Schneider, Facilitator
Middle School Room 109
As Americans, we have a history of pressing forward to better living. In order to progress to the new scenario we need to make the right exit [exodus] from our prior scenario. We will see from the example of Moses how leadership is developed, how to stand firm and how to press forward. Format will be to read chapters from Exodus, the 2nd book of the Bible & discuss them together. Not a lecture. No class Mar 31
DANCE LESSONS

SOCIAL DANCES FOR WEDDINGS & PARTIES  
Course #M5  
8 Classes: $72  
Mondays • Mar 9 – May 4 • 7:15-8:15 pm  
Dance Time Productions Instructor  
Middle School All Purpose Room  
Whether it’s a party or a wedding, this course will help you to be more comfortable on the dance floor. We start with the basic dancing of the Fox Trot and Latin rhythms. Then, move on to techniques of basic slow dancing, traditional first dance of the bride and groom. Also learn the Electric Slide, Cha Cha Slide, the Wobble and other popular line dances. Come alone or with your whole wedding party! No class Apr 6

COUNTRY LINE DANCING  
Course #M6  
8 Classes: $72  
Mondays • Mar 9 – May 4 • 8:15-9:15 pm  
Dance Time Productions Instructor  
Middle School All Purpose Room  
Country Western dancing is fun and easy to learn. Instruction will include the country line dances that are always in style like Tush Push, Flying 8's and Trashy Women. Come and learn the country standards that never go out of style and learn more of the popular country western line dances: Reggae Cowboy, Swamp Thing, Stetson, Rock It and more. Plus... some of the hottest new line dances Country Walking and D.H.S.S.) No class Apr 6

FITNESS LINE DANCING  
Course #W27  
8 Classes: $72  
Wednesdays • Mar 11 – May 6 • 7:15-8:15 pm  
Dance Time Productions Instructor  
Middle School All Purpose Room  
Join in the fun of “Soul Line Dancing”. Learn line from the Big Band Era through the millennium. Some favorites are the Cupid Shuffle, Wobble, Electric Slide, Cha Cha Slide, Happy Dance & more. Enjoy a little exercise with the fun of music. No class Apr 8

SWING DANCING  
Course #W28  
4 Classes: $36  
Wednesdays • Mar 11 – Apr 1 • 8:15-9:15 pm  
Dance Time Productions Instructor  
Middle School All Purpose Room  
Whether it’s called Lindy, Boogie Woogie or Swing, the Jitterbug is still a classic American Dance. Dance to the music of Big Band, Rock ‘N’ Roll and Country. Learn the timing, basic movements, turns and more. No class Apr 8

SALSA & MERENGUE DANCE NIGHT OUT  
Course #W29  
4 Classes: $36  
Wednesdays • Apr 15 – May 6 • 8:15-9:15 pm  
Dance Time Productions Instructor  
Middle School All Purpose Room  
This course is a concentration on Salsa & Merengue. Dances will include beginner to advance moves. Come and join the fun of dancing. Partners not required; however, they will not be supplied. No class Apr 8

SOUL LINE DANCING  
Beginner  
Course #T19  
6 Classes: $54  
Tuesdays • Mar 10 – Apr 21 • 7:15-8:15 pm  
Debbie Minatee, Instructor  
Middle School All Purpose Room  
Learn some of the great beginner R&B line dances while having fun. New and experienced dancers are welcome! No class Mar 31
EXERCISE CLASSES

**BALLET SCULPT**  
Course #W30  
8 Classes: $68  
Wednesdays • Mar 11 – Apr 29 • 6:00-7:00 pm  
**Erin Moore, Instructor**  
Middle School All Purpose Room  
This ballet and pilates-inspired workout will sculpt and tone the entire body, with extra emphasis on the abs/core muscles, hips, thighs and glutes. It will incorporate standing moves, barre work, and mat work to improve muscle tone, flexibility, balance, and posture. Bring a yoga mat, small rubber ball, water & towel.

**BOXING–PILATES FUSION**  
Course #W31  
8 Classes: $68  
Wednesdays • Mar 11 – Apr 29 • 7:15-8:15 pm  
**Erin Moore, Instructor**  
Middle School Gym  
This interval-style workout will blend the cardio and toning benefits of boxing with the muscle-sculpting and flexibility of Pilates. It will burn calories and build lean muscle, while also helping to improve balance and stamina. Bring a yoga mat, water and towel.

**YOGA**  
Course #T20  
8 Classes: $68  
Tuesdays • Mar 10 – May 5 • 6:00-7:00 pm  
Course #TH45  
8 Classes: $68  
Thursdays • Mar 12 – May 14 • 6:00-7:00 pm  
**Elissa Mendenhall, Instructor**  
Middle School All Purpose Room  
Yoga will teach you how to relax your body, mind & breath. Experience postures that will strengthen, tone, increase flexibility, enhance coordination & balance. Great for beginners and intermediates. Wear non-restrictive, layered clothing and bring a yoga mat/blanket.  
*Tuesday: No Class Mar 31 / Thursday: No class Apr 2 & 23*

**PIYO™**  
Course #M7  
8 Classes: $68  
Mondays • Mar 9 – May 4 • 7:00-7:50 pm  
**Susette Sabio-Jones, Licensed PiYo™ Instructor**  
Middle School Gym PiYo™ is a music driven athletic workout inspired by the mind and body practices of Pilates and yoga. Also includes flexibility training, strength, conditioning and dynamic movement. It includes modifications with a group exercise environment. It offers exercise progressions to challenge all levels. Bring a yoga mat; class will be done in bare feet or yoga socks.  
*No class Apr 6*
GOLF LESSONS
Instructors: Rutgers University Golf Team Coaching Staff • 856-661-3636
Camden County Golf Academy • Rt. 130 & North Park Dr. • Pennsauken, NJ

YOUTH INTRODUCTORY (ages 8-15) Course #S48
7 Classes: $95 Saturdays • Mar 21 – May 2 • 9:30 – 10:30 am
Learn proper grip, swing and how to choose equipment. Also learn how to chip, putt, pitch and learn to use irons and woods. Also discussed will be golf rules and course etiquette. Although equipment will be provided, you may bring your own clubs.

ADULT INTRODUCTORY Course #S49
7 Classes: $125 Saturdays • Mar 21 – May 2 • 10:45 – 11:45 am
Designed to introduce you to the exciting sport of golf, learn proper grip, swing, and how to choose equipment. Also how to chip, putt, pitch and learn to use irons and woods. This course will also include golf rules and course etiquette. Although equipment will be provided, you may bring your own clubs.

ADULT SKILL BUILDER Course #S50
7 Classes: $125 Saturdays • Mar 21 – May 2 • 12:00 – 1:00 pm
Want to take you game to the next level? Are you frustrated by that slice, hook, topped shot? Perhaps you want more distance or help with that fairway wood or long iron. The facility has a sandbunker, chipping-putting greens, grassed tee and elevated target greens. Hit every shot in the bag under the watchful eye of our PGA/LPGA/USGTF staff.

SHARPENING YOUR SHORT GAME Course #S51
5 Classes: $100 Saturdays • Mar 21 – Apr 18 • 2:00 – 3:00 pm
Did you ever realize that nearly 70% of the shots you hit in golf are less than 150 yards? This is the quickest way to reduce your scores!

BRAIN POWER Course #M8
1 Class: $28 Monday • Feb 2 • 7:00-9:00 pm
Kathleen Brown, Instructor Middle School Room 107
Worried about senility, Alzheimer’s and age relate memory loss? These conditions of mental decline can be delayed or prevented with proper proactive measures. Students will acquire knowledge about brain types, how to live longer, be happier, have better relationships, protect their memories and enhance their brain functioning.
HEALTH Balancing Women’s Hormones Naturally  Course #T21
1 Class: $18  Tuesday • Feb 10 • 7:00-9:00 pm
Dr. John R. De Cotiis, Lecturer  Middle School Room 107
Do you experience fatigue or mood swings, increased irritability, unexplained sadness or lack of intimacy? These may be related to hormonal levels and/or function. This workshop will provide information concerning real answers to these problems and will review a multitude of natural, non-drug solutions.

HEALTH Eliminating Digestive Problems Naturally  Course #T22
1 Class: $18  Tuesday • Feb 24 • 7:00-9:00 pm
Dr. John R. De Cotiis, Lecturer  Middle School Room 107
Acid Reflux, Hiatal Hernias, Ulcers, Irritable Bowel Syndrome, Colitis, and Crohn’s Disease are just a few of the digestive disorders that affect more than 61 million Americans each year. This workshop will teach you about natural means of improving or even correcting these problems.

NATURAL WAYS OF HEALING  Course #M9
6 Classes: $76  Mondays • Feb 23 – Mar 30 • 7:00-9:00 pm
Kathleen Brown, Instructor  Middle School Room 107
Have you ever wondered is there a better way to health? Of course, it’s Complimentary Alternative Medicine. It is about using ancient traditional therapies with today’s methods. Explore herbal healing, antioxidants, energy healings, body therapies, balancing the body, mind spirit & more.

TENNIS LESSONS Beginner  Course #M10
6 Classes: $128  Mondays • Apr 13 – May 18 • 6:30-8:00 pm
Tom Keating, Certified PTR Instructor  High School Tennis Courts
This brand new player or limited knowledgeable beginner will learn the fundamentals for the forehand, backhand, volley and serve leading up to playing and keeping score. Bring a racquet. (Raindate: Thursday)

TENNIS LESSONS Intermediate  Course #M11
6 Classes: $128  Mondays • Apr 13 – May 18 • 6:30-8:00 pm
Dennis Leggoe, Certified PTR Instructor  High School Tennis Courts
Not a beginner and ready to advance and learn more? Review of forehand, backhand, volley, overhead smash and serve and some up-paced drills and instruction. All shots will be incorporated into match play conditions while improving your game. Prior play and scorekeeping experience a must. Bring a racquet. (Raindate: Thursday).

VOLLEYBALL Co-Ed Recreational  Course #W32
8 Sessions: $52  Wednesdays • Mar 11 – Apr 29 • 6:30-8:30 pm
Bill Tompkins, Instructor  High School “Old” Gym
Bump, spike and set yourself up for a great time playing volleyball. Instructor will organize teams, assist in enforcing rules, keeping score & providing basic instruction on setting, passing, bump set & blocking.
BAKING  Breads, Pies & Cookies  Course #W33
5 Classes: $75  Wednesdays • Feb 18 – Mar 18 • 7:00-9:30 pm
Debra Kaighn, Instructor  Middle School Room 414
Breads: Assemble and bake two types of non-yeast quick breads. Pies: Make from scratch single and double crusts. Assemble and bake two types of pies. Cookies: Make from scratch two types of cookies. A $20 food fee is included. Please bring fruit, vegetables, nuts, pastry blender, deep dish and/or shallow pie plates, dish towels/clothes (for cleanup). Supply list (fruit, vegetables) will be emailed to you.

COOKING  Vegan  Course #TH45
6 Classes: $96  Thursdays • Feb 5 – Mar 12 • 7:00-9:00 pm
Sherry Gilkin, Instructor  Middle School Room 414
Is someone you know vegan or vegetarian and you would like to know what to feed them? Are you interested in eating more natural, low-fat, zero cholesterol foods? Sign up to learn to cook healthful and delicious plant based food. At each class, following a short demo, participants will be preparing a variety of recipes during this hands-on course. A $40 food fee is included. Bring an apron to class.

CAKE DECORATING with Fondant & Gumpaste  Course #M12
4 Classes: $68  Mondays • Apr 13 – May 4 • 7:00-9:00 pm
Allison Kissel, Instructor  Middle School Room 414
Learn how to make a bow, various flowers and borders and how to cover a cake - all using fondant and gumpaste! Bring a fondant kit and rolling pin. (Wilton Gum Paste and Fondant Student Kit / Wilton Fondant 9” Rolling Pin).

CLAY  Handbuilding/Sculpting  Course #W34
4 Classes: $150  Wednesdays • Feb 4 – Feb 25 • 7:00-9:00 pm
Mullica Hill Art Center • 50 S. Main Street, Mullica Hill • 418-1135
Come experience the endless possibilities! Join us for an introduction to clay and the excitement that comes with it. Included in the cost is clay; firing; use of tools, molds and paint.
Held at Mullica Hill Art Center
DRAWING  Beginner  
Course #W35
4 Classes: $110  Wednesdays • Mar 11 – Apr 1 • 7:30-9:00 pm
Mullica Hill Art Center • 50 S. Main Street, Mullica Hill • 418-1135
Looking to enhance your art skills? Learn shading and prospective from still life, landscape and anatomy. Supplies included.
_Held at Mullica Hill Art Center_

GARDENING  Organic Heirloom  
Course #TH46
3 Classes: $45  Thursdays • Feb 19 – Mar 5 • 7:00-9:00 pm
Jeff Quattrone, Instructor  Middle School Library
Heirloom vegetables, especially tomatoes, have come into the forefront of gardening and culinary trends in the past few years. This class offers an introduction to the world of heirloom vegetable gardening, along with planning a garden, and organic techniques for growing and sustaining these plants. This course will guide you to harvesting some delightful and unique produce generally not available in stores or farm markets, and the guidance you need for containers, raised beds, or direct to the soil techniques.

JEWELRY MAKING  
Course #W36
5 Classes: $130  Wednesdays • Feb 4 – Mar 4 • 7:00-9:00 pm
Donna Vaites, Instructor  Middle School Room 302
Learn to work with a large, assorted variety of materials used in jewelry making. We will be making earrings, bracelets, a ring and a necklace using various types of materials including base metal, sterling silver, crystals, glass beads, natural stones and much more. An $80 supply fee is included. Bring wire cutters, chain nose pliers, round nose pliers and a ruler.

KNITTING  Beginner  
Course #M13
6 Classes: $60  Mondays • Mar 9 – Apr 20 • 7:00-9:00 pm
Tina Wiltsee, Craft Yarn Council Certified Instructor  Middle School Library
Learn the basic stitches at a relaxed pace as you become confident and skilled. We will also discuss how to read a pattern and different types of yarn. Instructions will include different methods of casting on, knit and purl stitches. Students will work on several small items that will be finished quickly and build your skills. Students from previous beginner classes are welcome if they wish to continue to work on small projects and increase confidence. Bring the following to the 1st class: 10” size 13 US knitting needles, 2 balls Wool-Ease Thick and Quick yarn, in a light color, black and dark colors are hard to use when you are learning to knit. Additional supplies needed as class progresses. All patterns will be provided. _No class Apr 6_
KNITTING  Beginner II Cardigan with Cap Sleeves  Course #W37
6 Classes: $60  Wednesdays • Mar 11 – Apr 15 • 7:00-9:00 pm
Tina Wiltsee, Craft Yarn Council Certified Instructor  Middle School Library
This course will focus on knitting a top-down, adult cardigan using the pattern from c2knits called “Abigail”. More advanced knitters will have the option to knit the pattern called “Zoe” (cardigan or T-shirt) which has a beautiful lace insert. To see the sweaters go to the c2knits website at http://www.c2knits.com. This course is a skill builder and intended to give you confidence when knitting garments and is for the advanced beginner. Students need to know how to knit, purl and shape using yarn overs and decrease stitches. Plan to spend time between classes knitting so you can keep up with the class. You will be rewarded by a beautiful sweater in just 6 weeks. Bring the following materials to the first class.

For Abigail- size 9 circular needles 24” or longer. Yarn: DK or light worsted yarn (#3) 800 yards for small, 900 for medium, 1000 for large, 1100 for x-large, 1200 for xx-large. For Zoe- size 6 circular needles that are 29 or 32” long. Yarn: medium or heavy worsted (#4 or 5) 600 yards if making a small, 700 for medium, 800 for large, 900 for x-large. No class Apr 8

PHOTOGRAPHY Single Lens Reflect (SLR)  Course #T23
8 Classes: $95  Tuesdays • Feb 3 – Mar 24 • 7:00-9:00 pm
Frank Lengetti, Instructor  Middle School Room 406
Learn the concepts of basic photography and how to use your single lens reflex digital camera. Learn what the buttons and settings on the camera are for. Areas that will be covered are f-stops, shutter speeds, shooting modes, memory cards and types of lighting. The camera menus will be covered in detail. Best of all… learn how to turn your pictures into beautiful prints for you to enjoy. Short assignments will be given to be done at home. At first class we will “take a tour of your camera”. Bring your camera, operator’s manual and lens cleaning kit (approximate cost: $10).
This course is not intended for “Point and Shoot” cameras.

You will not receive confirmation of your registration.
QUILTING  **Appliqued Feather Princess Quilt**  
Course #W38

8 Classes: $75  
Wednesdays • Feb 4 – Mar 25 • 7:00-9:00 pm

**Trish Walton, Instructor**  
High School Room 712

This class can be done by hand or by machine. You can hand applique the pattern or machine applique it or even use fusible web if that is your preference. All methods will be shown and you can try your hand at one or all methods. This is a huge block, 36”-40” square. It makes for a lovely medallion quilt or put four blocks together and with a border or two you have a full, queen, or king quilt. The ladies who have seen the sample love it. Come to class the first night with pencil and paper and cameras. Samples will be shown and supply lists handed out. Techniques will be demonstrated.

QUILTING  **Irish Chain & Variations Quilt**  
Course #T24

8 Classes: $75  
Tuesdays • Feb 3 – Mar 24 • 7:00-9:00 pm

**Trish Walton, Instructor**  
High School Room 712

This is a rotary cut, machine pieced quilt that can be done in two or more colors and in sizes ranging from a baby quilt, to throw to king size. A simple but striking quilt that is easy enough for a beginner and with variations, interesting enough for the quilt artist among you. You will need a machine in good working order and rotary mat, ruler, and cutter. Bring paper, pencils and cameras to class the first night. Samples will be shown, supply lists handed out and techniques demonstrated. Bring fabric you are thinking of using as directional fabric does not always work well.

STAINED GLASS  **Tiffany Style Art Glass**  
Course #M14

5 Sessions: $90  
Mondays • Mar 2 – Mar 30 • 6:30-8:30 pm

**Mullica Hill Stained Glass**  
457 Route 40; Elmer, NJ • 358-1200

In this **beginner** class we will be using the copper-foil method to make a panel ready for hanging. A fan lamp will be one of the choices for your second project. A new **technique taught at every class**, so attendance is requested. Tools/ supplies will be available for purchase (approximate cost of supplies is $220)
Mail to: Clearview Regional Adult School (CRAS)  
595 Jefferson Road  
Mullica Hill, NJ 08062

Name: ____________________________________________
Address: ________________________________________ Email: __________________________
City: __________________________ Zip Code: ____________
Preferred Phone Number: (___)_____________________

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☐ Harrison & Mantua Township residents age 55+:  Deduct 5%  $ (________)  
☐ Non-Residents of Harrison and Mantua Twps.: Add $3 per course  $ ____________

Registration Fee  $ 5.00

Check / Money Order # ________
TOTAL $ ________

I agree to waive any claims resulting from or in connection with the activities in which I participate. I hereby release, absolve, and hold harmless the District and its instructors and staff.

Signature: __________________________ Date: ____________

Mail to: Clearview Regional Adult School (CRAS)  
595 Jefferson Road  
Mullica Hill, NJ 08062

Name: ____________________________________________
Address: ________________________________________ Email: __________________________
City: __________________________ Zip Code: ____________
Preferred Phone Number: (___)_____________________

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☐ Harrison & Mantua Township residents age 55+:  Deduct 5%  $ (________)  
☐ Non-Residents of Harrison and Mantua Twps.: Add $3 per course  $ ____________

Registration Fee  $ 5.00

Check / Money Order # ________
TOTAL $ ________

I agree to waive any claims resulting from or in connection with the activities in which I participate. I hereby release, absolve, and hold harmless the District and its instructors and staff.

Signature: __________________________ Date: ____________
Clearview Regional Community School
595 Jefferson Road
Mullica Hill, New Jersey 08062

John Horchak III
Superintendent

Diane Cummins
Assistant Superintendent for Curriculum & Instruction

Esther Pennell
Business Administrator

Valerie Philippi
Adult School Coordinator

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AFFIRMATION ACTION/NONDISCRIMINATION
The Clearview Board of Education guarantees each student equal educational opportunity and each employee equal job opportunity regardless of race, color, creed, religion, gender, ancestry, national origin, handicap, or racial or economic status. For information, including plans and grievance procedure, contact the District Affirmation Action Team at 856-223-2790.